Human Pretzel Game

Players form a close circle. Each player grabs different hands across the circle, forming a tangle of arms. It is best if players grab different hands. Then, they must untangle the knot (without letting go of each other's hands) by moving arms over heads or stepping over arms. Sometimes, the untangled knot will form 2 circles, and sometimes it will be impossible to untangle. But most of the time it works.

